



Official League Rules – 2026 Season

Welcome to the **NPL x Padel Power League**.

Our aim is to provide a competitive, enjoyable and well-organised league for players of all abilities. By entering the league, all players agree to abide by the following rules.

1. League Format

- All league matches are allocated **90 minutes** of court time.
- Matches are played as the **Best of 3 Sets**.
- If the match is tied at **one set all**, the deciding set will depend on the time remaining:
 - If **25 minutes or more** remain within the court booking, a **full third set** will be played.
 - If **less than 25 minutes** remain, a **Super Tie-Break** (first to 10 points, win by 2) will be played in place of the third set.
- Matches must begin promptly to ensure they finish within the allocated court time.

2. Season Format

- Each team will play every other team in their division once during the season.
- The season includes **an additional three weeks** beyond the scheduled fixtures to provide flexibility for player holidays, illness and other unavoidable commitments.
- Teams are encouraged to complete fixtures as early as possible.
- All league fixtures must be completed before the published season deadline.

3. Star Point Scoring

The **NPL x Padel Power League** uses the **Star Point** scoring format.

- Games follow the standard scoring system (15, 30, 40).
- At **deuce (40-40)**, play continues using the traditional advantage system.
- A team must win **two consecutive points** (Advantage, then Game) to win the game.
- If the advantage changes hands and the score returns to deuce, a **Star Point** is played.
- The Star Point is **one deciding point** that immediately determines the winner of the game.
- The receiving team chooses whether the serve is delivered to the **deuce** or **advantage** court.

4. Match Start

- Players should arrive **at least 10 minutes** before their scheduled start time.
- Matches will begin promptly at the scheduled time.
- A warm-up of **up to 5 minutes** is permitted before play begins.

5. Late Arrivals

- Any player arriving **more than 10 minutes late** will automatically forfeit the **first set 6-0**.
- The remaining set(s) will then be played within the remaining court booking.
- Teams who fail to attend a fixture without notice may forfeit the match **6-0, 6-0**.

6. Cancellations

- Teams unable to fulfil a fixture must provide a **minimum of 24 hours' notice**.
- Notice should be given to both the opposing team and the league organiser.
- Failure to provide at least **24 hours' notice** will result in the fixture being awarded as a **6-0, 6-0 victory** to the opposing team.
- Repeated late cancellations or no-shows may result in removal from the league.

7. Rearranged Fixtures

- Teams are encouraged to rearrange fixtures where necessary.
- Rearranged matches must be agreed by both teams.
- All rearranged fixtures must be completed before the published league deadline.
- If teams cannot agree on a suitable date, the league organiser's decision will be final.

8. Fixture Disputes

- If a fixture cannot be completed and there is a dispute regarding responsibility, the **Playtomic chat** between the teams will be used as the official record of communication.
- The conversation may be reviewed using **ChatGPT** as an impartial decision-support tool to assess the communication and the efforts made by each team to arrange or fulfil the fixture.
- Based on this assessment, one of the following outcomes may be awarded:
 - A **6-0, 6-0 victory** to the team that has made reasonable efforts to play the fixture; or
 - A **draw**, where both teams have made genuine and equal efforts to arrange the fixture but have been unable to complete it.
- The **league organiser will review the assessment and retains the final decision** on all fixture disputes.
- Teams are strongly encouraged to keep all fixture discussions within the Playtomic chat so there is a complete and transparent record.

9. Substitutions

- Teams may use a substitute player if one of their registered players is unavailable.
- The substitute must have a **Playtomic rating equal to or lower than** the player they are replacing.
- A substitute **cannot** be a player who competes in the **same division or any higher division** of the NPL x Padel Power League.

- Teams should notify the league organiser before the match whenever a substitute is being used.
- The organiser reserves the right to refuse any substitute that is considered to provide an unfair competitive advantage.

10. Injuries

- If a player is unable to continue due to injury after a match has started, the remaining games and/or sets required to complete the match will be awarded to the opposing team.
- Any completed games and sets will stand.

11. League Standings

League positions will be determined in the following order:

1. Matches Won
2. Sets Won
3. Games Won
4. Head-to-head result
5. If teams remain tied, the league organiser will determine the final placing.

12. Match Results

- The winning team is responsible for submitting the match result immediately after the fixture.
- Any scoring disputes must be reported to the league organiser within **24 hours** of the match finishing.

13. Player Conduct

All players are expected to:

- Respect opponents, partners, spectators and staff.
- Play in the spirit of fair competition.
- Accept line calls honestly and resolve any disagreements respectfully.
- Refrain from abusive language, threatening behaviour or unsporting conduct.

The league organiser reserves the right to issue warnings, deduct league points, award walkovers or remove players or teams from the competition for serious or repeated misconduct.



14. League Administration

- The league organiser reserves the right to amend fixtures where necessary to ensure the smooth running of the competition.
- These rules may be updated during the season if required.
- The league organiser's interpretation of these rules and decision on all league matters is final.

Fair Play

The **NPL x Padel Power League** is built on respect, sportsmanship and competitive enjoyment.

We encourage every player to:

- Compete fairly.
- Respect opponents and officials.
- Honour fixtures.
- Communicate openly.
- Help grow the local padel community.

Play Hard. Play Fair. Play Together.

NPL x Padel Power League
Powered by Padel Power